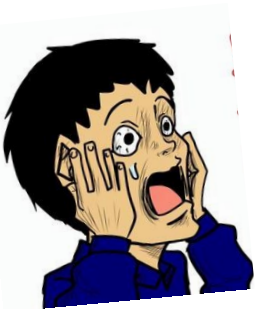


DO YOU HAVE A GREAT IDEA, HAPPY TO SHARE IT AND LEAD A DISCUSSION GROUP? BUT.....



*Horrors!
The Admin!! No,
No.....!*

It's true that since we launched Simple Membership, using it for the administration of a Group – which ultimately simplifies the fee collecting, email exchange and many other Group communications – seems very daunting and has actually put off new and returning Group Leaders from using it, or even forming a Group.

The alternative to using it?

1. You can avoid hiring a venue.

This means that there will be no 'course costs' for members and admin can consist of no more than an

exchange of email. Some of the smaller groups meet in a member's home and perhaps just pay a nominal cash amount for refreshments.

Other groups are always outside, such as the Social Cycling and Outdoor Sketching, while others avoid venue costs but incur separate costs, borne by the individual member at each meeting, such as the Film Club.

What if you really need a venue so have to charge for the sessions?

2. You could find someone within the Group do the admin for you.

There are clear User Guides on the website [Login, Member Area, SM User Guides, Guide for Group Leaders/ Administrators]. The Administrator could take on the administration regarding members and membership

Continued from page 1

fees, and maybe send group emails, leaving the Group Leader free to organise the course content.



How much the Administrator does for the Group is entirely between the Group Leader and the Administrator.

We have Audio Visual equipment available and an Equipment Officer who can train new users with using the equipment and ensure you can set it up.

Help is also available from the Groups co-ordinator and the Buddies.

Groups are the life-blood of the u3a and there are Committee members and volunteers ready to help you get your Group up and running.

Groupscordinator@lewesu3a.uk
Equipment@lewesu3a.uk
Buddies: Jill 01273 471108

NEW TO MAKING PRESENTATIONS?

Seasoned presenters have kindly offered these suggestions:

- ◆ Face the audience the whole time
- ◆ Rehearse your talk and time it, leaving 10 minutes for questions
- ◆ 45 minutes is about the maximum attention span before a break is needed
- ◆ Get a critical friend to listen to it beforehand
- ◆ Ensure your technology works, check at least the day before
- ◆ If showing visuals, stand well to the side so as not to obstruct the view
- ◆ Avoid filling a screen with text—the audience has to read as the speaker is talking: both sources of information are impaired or lost.



DO YOU LOVE OUR LEWES U3A HOLIDAYS,

and are organised, unflappable and genuinely like people?

These are all the attributes of our wonderful Holiday Group organiser Molly Tideman, but, sadly, she is hanging up her clipboard after the Birmingham trip in June.

If you, or maybe you and another member, want the holidays to continue why not consider taking Molly's place? You can email Molly in the first instance on

mdt3112@btinternet.com.



NEW GROUP

PREHISTORY OF MANKIND



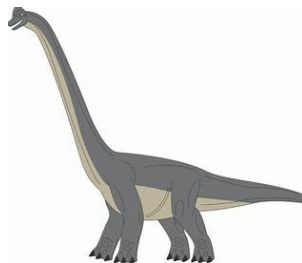
Lis Rumbold tells us
about this new group.

'Prehistory, the story of human experience before written records, extends to over 3 million years.

Unsurprisingly, it has so many questions that need answers! Some might be: what were the origins of our distinctive human behaviours; how and when did we arrive in Britain; what was the impact of climate; is hunter-gatherer a meaningful description (maybe even gendered); how did communities evolve with or without hierarchies; what is the evidence for the importance of ritual and memory?

We might be able to answer some of the questions and our discussions will certainly help – but inevitably we will find many more in that process!

No previous knowledge required – just enthusiasm and interest. We will decide on the topics as a group, using information from many media disciplines to focus and stimulate our thinking.'



Starting Monday 29th April, fortnightly in the afternoon for 6 sessions.

RETURNING GROUP



GLOBETROTTERS RETURNS FOR 2024

Group Leader Margaret
Sweatman expands.

'Do join us for five fascinating and varied presentations about travelling to many different parts of the world.

- Michael Austin presents *Helensburgh, site of Charles Rennie Mackintosh's Hill House*, followed by *Oban 'the Gateway to the Isles.'*
- Brian Dandridge talks about *Wildlife in Botswana.*
- Nancy Wiginton's title is *Bolivia – Land of Diversity.*
- Margaret Sweatman presents *The Wildlife of Costa Rica.* Then after the break, Sue Clyde shares her personal experience of *Village life in India.*
- Roger and Hilary Smith's subject is *Discovering Lake Ohrid* – on the North Macedonia and Albania border. After the break, Lynne Booth shares with us *The Botany and Wildlife of the Cape and Namaqualand in South Africa.*

Starting Friday 19th April, fortnightly in the morning for five sessions.

NEW GROUP

LIFE IN THE



ROMAN WORLD

ROGER MURRAY, GROUP LEADER OF THIS NEW GROUP, EXPANDS:

'This will be a series of lectures followed by a discussion.

I shall be starting with the city of Pompeii, and continuing with the stories of various characters, not senators, generals or emperors, including the story of a business woman from Pompeii and another very courageous and enterprising

woman from Italy in the first century BCE.



I will email fact-sheets in advance to members who give me their email addresses'.

My contact details are: 01273 473912

councillorroger@gmail.com

Starting Monday 8th April, weekly in the morning for 5 sessions.

LEWES u3a's

SPRING SEASONAL SOCIAL

The next event is

Thursday, 25th April

At St John sub Castro

THIS SEASON'S TALK WILL BE:

COUNTRY HOUSES OF THE SUSSEX DOWNS

BY HISTORIAN DR SUE BERRY

Doors open 2.30pm

Presentation begins 3pm, with introductions at 2.50pm

Doors close 4.30pm

Refreshments will be available to buy from the café up to 3pm.



All members welcome.

There is no charge for entry.



WE ARE LOOKING FOR A HEALTH & SAFETY OFFICER

to check the suitability venues for some of our Groups. You do not need to be on the Committee.

Please contact chair@lewesu3a.uk if you are interested.

Comments, enquiries or suggestions to: Bulletin@Lewesu3a.uk